



TEAMSTERS BENEFITS OFFICE

FREQUENTLY USED CONTACT LIST



Lockheed Martin Employee Service Center - Pension, Payroll, Savings Plan and all 2023 Insurance Claims LMESC Portal: https://lmc.lifeatworkportal.com/ Also, LMPeople: https://lmpeople.com		866-562-2363
Allegiant Care Member Services – Medical, Rx, Dental and Vision Benefits. Disability and Life Insurance. Allegiant Care Benefits Member Portal: https://www.allegiantcarebenefits.com		800-258-9732 ext. 500
Teamsters 1150 – Union Hall - http://www.teamsters1150.org/		203-381-9240
Teamsters Benefits Office - http://www.teamsters1150.org/benefits	Gary	203-386-4259 203-386-4262
Optum – EAP services - https://www.eap4lmc.com Access Code: LMC		888-327-4562
Teamsters EAP Office – https://www.teamsters1150.org/eap.html	Jeff Ryan	203-386-5942 203-386-5941
LMC Savings Plan - https://lockheedmartinsavings.empower-retirement.com/		833-562-4015
UTC/RTX Savings Plan - http://www.yourtotalrewards.com/rtx		800-243-8135
Pension Plan – UTC Portion - http://www.rtxpensioncenter.com/		855-599-2066
Pension Plan – LMC Portion - https://lmc.lifeatworkportal.com/		866-562-2363
Heath Equity / Benefit Wallet (2023 FSA/HSA) - https://www.healthequity.com/		877-750-1445
Optum Financial (2024 FSA/HSA) - https://www.optum.com/financial-services.html		877-292-4040
CIGNA Healthcare - www.mycigna.com		800-244-6224
Allegiant RX - https://www.myallegiantcare.com/find-a-provider/allegiant-rx/		866-888-0103
Allegiant RX Appeals Fax Number		603-792-7218
Optum Rx - https://www.optumrx.com/		844-805-9802
Delta Dental - https://www.nedelta.com/		800-832-5700
EYE-MED - https://eyemed.com/		888-581-3648
MetLife Short Term Disability		800-396-8658
MetLife T&PD – Contact Liz Macedo at Allegiant Care	ext.211	800-258-9732
Amalgamated Voluntary Benefits - https://www.amalgamatedbenefits.com		866-975-4089
CT Paid Leave - https://ctpaidleave.org/		877-499-8606
Send Employment Verification Forms to:	ctpfl.fc-rms@lmco.com	
FMLA, CTPL & Parental Leave Fax		770-793-3423
Send all FMLA Paperwork to:	ibt-fmla.fc-rms@lmco.com	
Send Parental Leave Form to:	ibt-parental-leave.fc-rms@lmco.com	
CT DOL Unemployment – Susan Fracasso - susan.fracasso@ct.gov		860-263-6589
Social Security - https://www.ssa.gov/		800-772-1213
Medicare - https://www.medicare.gov/		800-633-4227
American Senior Benefits - https://www.asbofne.com/teamsters		860-676-0260
Al Foschini:	afoschini@brokersifs.com	860-978-4818
Maggie Foschini :	mfoschini@asb.insure	860-690-1084
CT Workers Compensation – Bridgeport Office		203-382-5600
CT Workers Compensation Infoline		800-223-9675
Workers Comp Appointment Reporting		203-386-6863